

Promote **health** and **well-being**
through therapeutic techniques,
products that support the **lymph**
system and client education.

**LYMPHATIC
ENHANCEMENT
TECHNOLOGY (LET)**



COURSE OUTLINE

DAY ONE

- Anatomy of the Lymphatic System
- Background to Lymphatic Drainage
- Clinic Practices
- Client Interview & Information Gathering
- Introduction to the Lymphstar Pro/Fusion®
 - Technical Information
 - Protocol/Settings
 - Application
 - Contraindications
- Terminus area: Theory and application of the Lymphstar Pro/Fusion® (LSP) and Manual Stimulation (MS) techniques.

DAY TWO

- Axilla/breast-chest area: Theory and application of the Lymphstar Pro/Fusion® (LSP) and Manual Stimulation (MS) techniques.

- Digestive System: Theory and application of the LSP and MS techniques.

DAY THREE

- Inguinals and Legs (anterior): Theory and application of the LSP and MS techniques.
- Back and legs (posterior): Theory and application of the LSP and MS techniques.

DAY FOUR

- Face: Theory and application of the LSP and MS techniques.
- Case Study: Assessment of a LET session.



“Hands on technique are imperative in teaching therapists. Desiree has well thought out, organised material and teaching skills are great”

Julie Carpenter, PT,
Cortez, Colorado

WHO SHOULD ATTEND?

Anyone who is interested in learning, refining and cultivating essential lymphatic skills is encouraged to attend. This course is designed for both personal growth and professional development. Our philosophy is that for people to be effective at providing lymphatic treatment they must first be educated in the understanding of lymphatic anatomy and the application of LET technique and skills. Professionals who have greatly benefited from this course include: PT's (Physio) ND's (naturopathic doctors) therapists, health educators, individuals wishing to manage their selfcare and those wishing to make a career change.

COURSE CONTENT

Included with this course:

- Four days of intensive professional LET training by International Trainer Desiree De Spong
- Level I Certification in Introduction to Lymphatic Enhancement Technology
- LET official Manual and Workbook
- Retail Product demonstrations and discounts for participants while at the LET course

This course is limited to 14 people. After completing this course you have the option of completing the Level I exam. Once passed you receive certification as a Level I Practitioner. Further professional levels are available, refer to Practitioner Levels at www.aetiology.co.nz/training-let/



COURSE FEE

The cost of the four-day course is \$850.00 (early bird registration).

After the early bird registration date expires, the cost for the course increases to \$950.00. Download the Course Registration Form from the Aetiology website.


www.aetiology.co.nz/training-let/



ABOUT DESIREE DE SPONG

Desiree developed Lymphatic Enhancement Technology, which utilises electronic and manual stimulation for fluid acceleration in conjunction with Arcturus Star Products (the makers of the Lymphstar Pro/Fusion®) and has been appointed their accredited International Trainer. Desiree completed her Adult Learning and Teaching at the Bay of Plenty Polytechnic, Tauranga, NZ and now runs regular training seminars in both the USA and New Zealand.

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Desiree has a fantastic teaching style. Her course content is well laid out. Very hands on with great descriptions together with diagrams. I am a very visual person and like to read, see, then do. This supported my learning style. Desiree has a great passion and understanding of the lymphatic system and this enthusiasm flows into her teaching. Thanks Desiree.

Raewyn Wallace, Hamilton, NZ
RMT, Certified Lymphatic
Enhancement Practitioner

www.aetiology.co.nz